



South Area Coaching Courses 2009/10

LEVEL 1 - £60 per person			
London	5 Dec 09	Crystal Palace/London Leisure College	SC0142
South East	5 Dec 09	Winchester University	SC0158
South East	6 Dec 09	FB Fields, St Clements, Jersey – CLOSED COURSE	SC0168
South East	6 Dec 09	HMS Temeraire, Portsmouth – CLOSED COURSE	SC0159
South East	13 Dec 09	FB Fields, St Clements, Jersey – CLOSED COURSE	SC0169
East	13 Dec 09	Bedford International Stadium	SC0134
South East	14 Dec 09	Solent University, Southampton – CLOSED COURSE	SC0156
South East	15 Dec 09	Solent University, Southampton – CLOSED COURSE	SC0157
South East	20 Dec 09	Crawley, West Sussex	SC0133
London	9 Jan 10	Lee Valley	SC0144
South East	10 Jan 10	Julie Rose Stadium	SC0152
South East	11 Jan 10	St Mary's University College, Twickenham – CLOSED COURSE	SC0167
South East	16 Jan 10	Thames Valley Athletics Centre	SC0153
South East	13 Feb 10	Banbury – TBC – CLOSED COURSE	SC0173
London	14 Feb 10	London TBC – CLOSED COURSE	SC0163
East	21 Mar 10	Bedford International Stadium	SC0170
LEVEL 2 (EXPRESS COURSE). Applicant must sign up for core weekend and one event module when booking - £140 per person - Extra modules can be taken for £30 per person			
East	17/18 Oct 09	WSAT. Abbeycroft Centre, Bury St Edmunds	SC0138
East	19 Dec 09	Speed	SC0138S
East	19 Dec 09	Jumps	SC0138J
East	20 Dec 09	Throws	SC0138T
East	20 Dec 09	Endurance	SC0138E
South East	24/25 Oct 09	Thames Valley AC, Eton.	SC0127
South East	12 Dec 09	Speed	SC0127S
South East	12 Dec 09	Jumps	SC0127J
South East	13 Dec 09	Throws	SC0127T
South East	13 Dec 09	Endurance	SC0127E
East	7/8 Nov 09	Sandy Leisure Centre – Cancelled – No bookings	SC0150
East	16 Jan 10	Speed – Bedford IAS	SC0150S
East	16 Jan 10	Jumps – Bedford IAS	SC0150J
East	17 Jan 10	Throws – Bedford IAS	SC0150T

East	17 Jan 10	Endurance – Bedford IAS	SC0150E
East	14/15 Nov 09	UEA, Norwich	SC0130
East	23 Jan 10	Speed	SC0130S
East	23 Jan 10	Jumps	SC0130J
East	24 Jan 10	Throws	SC0130T
East	24 Jan 10	Endurance	SC0130E
South East	14/15 Nov 09	Horsham, West Sussex	SC0131
South East	9 Jan 10	Speed	SC0131S
South East	9 Jan 10	Jumps	SC0131J
South East	10 Jan 10	Throws	SC0131T
South East	10 Jan 10	Endurance	SC0131E
London	21/22 Nov 09	Crystal Palace/ London Leisure College	SC0141
London	30 Jan 10	Speed	SC0141S
London	30 Jan 10	Jumps	SC0141J
London	31 Jan 10	Throws	SC0141T
London	31 Jan 10	Endurance	SC0141E
South East	5/6 Dec 09	Ashford, Kent	SC0139
South East	6 Feb 10	Speed	SC0139S
South East	6 Feb 10	Jumps	SC0139J
South East	7 Feb 10	Throws	SC0139T
South East	7 Feb 10	Endurance	SC0139E
South East	12/13 Dec 09	Walton AC. Stompond Lane Sports Ground, Walton on Thames	SC0161
South East	13 Mar 10	Speed	SC0161S
South East	13 Mar 10	Jumps	SC0161J
South East	14 Mar 10	Throws	SC0161T
South East	14 Mar 10	Endurance	SC0161E
London	19/20 Dec 09	Hillingdon, Uxbridge	SC0143
London	6 Mar 10	Speed	SC0143S
London	6 Mar 10	Jumps	SC0143J
London	7 Mar 10	Throws	SC0143T
London	7 Mar 10	Endurance	SC0143E
East	20 Feb 10	Speed – Chelmsford Sport & Athletics Centre	SC0155S
East	20 Feb 10	Jumps – Chelmsford Sport & Athletics Centre	SC0155J
East	21 Feb 10	Throws – Chelmsford Sport & Athletics Centre	SC0155T
East	21 Feb 10	Endurance – Chelmsford Sport & Athletics Centre	SC0155E
London	13/14 Mar 10	Barnet Cophall Sports Centre	SC0154
London	24 Apr 10	Speed	SC0154S
London	24 Apr 10	Jumps	SC0154J
London	25 Apr 10	Throws	SC0154T
London	25 Apr 10	Endurance	SC0154E
LEADERSHIP IN RUNNING FITNESS – ONLINE BOOKING AVAILABLE - £90 per person - Click on course code to book online			
East	20 Oct 09	Cambourne, Cambridge	SC0148
London	21 Nov 09	Hillingdon Athletics Stadium	SC0120
South East	28 Nov 09	Maidstone, Kent	SC0124

South East	17 th Dec 09	East Hampshire District Council	SC0164
South East	23 Jan 10	The Oxford Academy, Littlemore, Oxford	SC0160
London	23 Jan 10	Harrow Road pavilion, Wanstead Flats Playing Fields	SC0171
South East	24 Jan 10	Julie Rose Stadium, Ashford	SC0165
South East	7 Feb 10	Banbury – TBC – CLOSED COURSE	SC0175
East	20 Feb 10	Bishop Hill Adult Learning Centre, Hutton, Brentwood - CLOSED	SC0162
South East	27 Mar 10	Oxford Area - TBC	SC0174

Children in Athletics - £60 per person			
London	21 Jan 10	Eltham Green Sports College	SC0166
London	21 Mar 10	Ashmole School, Southgate	SC0172
South East	1 April 10	Chalfonts Community College	SC0176

England Athletics are pleased to announce the Autumn programme of coaching courses. New courses will be added on a regular basis so please keep a check on the website.

Places on courses are allocated on a “first come first served basis”, therefore, please ensure **application forms** are fully completed and returned with a photograph and payment (payable to England Athletics) to England Athletics, Education and Customer Services, Wellington House, Starley Way, Birmingham International Park, Solihull, B37 7HB.

LEADERSHIP IN RUNNING FITNESS are only bookable online (please click on the course code).

If forms are incomplete or payment and a photo are not received, your forms will be returned to you.

