

H.A.A Report Cross Country France

Coutances Cross International - Sunday 22nd November 2009

The day started with Hampshire winning the 3 stage relays in fine style with strong runs from Liam McGarrigle, Chris Bernsten and Darren Carr.

Benjamines Girls 1997/98

Hampshire's youngest girl Klara Lyne made a fine debut finishing in 4th position. Imogen Immett after a good start was forced to pull out of the race due to illness.

4 th	Klara Lyne	8 min 19sec
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Benjamins Boys 1997/98

Good running from the Hampshire boys all on their county debuts. Ben Dunford after a very competitive race just pipped his Hampshire colleague, Will Stafford, to take 2nd place. Rory McCallum finished in 7th position.

2 nd	Ben Dunford	7 min 13 sec
3 rd	Will Stafford	7 min 15 sec
7 th	Rory McCallum	7 min 43 sec

Minimes Girls 1995/96

Hampshire dominated this race with Francesca O'Donnell (back after injury) leading the team to a decisive victory finishing in 2nd place. Hannah Jennings and Maddy Donald, both on their Hampshire debuts finished 3rd and 4th with Emily Clarke completing the team in 8th position. Jessica Ellwood finished in 15th place.

1st Team Trophy - Hampshire 17 points

2 nd	Francesca O'Donnell	7 min 51 sec
3 rd	Hannah Jennings	8 min 03 sec
4 th	Maddy Donald	8 min 12 sec
8 th	Emily Clark	8 min 53 sec
15 th	Jessica Ellwood	9 min 23 sec

Minimes Boys 1995/96

Not to be out done by the girls the boys also dominated their race with fine runs from Stuart McCallum (2nd place), Alexander Ruggles (3rd place), Luke Holman (5th place) and Sam Appleton completing the team in 9th position.

1st Team Trophy - Hampshire 19 points

2 nd	Stuart McCallum	12 min 49 sec
3 rd	Alex Ruggles	13 min 06 sec
5 th	Luke Holman	13 min 31 sec
9 th	Sam Appleton	15 min 22 sec

Cadettes Girls 1993/94

Best performance of the day by the ever improving Jade Bowling who beat Poole Runner Nicki Bissett by 35 seconds to take 1st place with Carla Plowden-Roberts on her county debut just on the heels of Nicki Bissett to take 3rd place followed closely by Jessica Maw who finished 4th with Gabriella Oliver completing the team victory in 14th position.

1st Team Trophy - Hampshire 22 points

1 st	Jade Bowling	14 min 40 sec
3 rd	Carla Plowden-Roberts	15 min 06 sec
4 th	Jessica Maw	15 min 34 sec
14 th	Gabriella Oliver	18 min 29 sec

Cadets Boys 1993/94

Chris Adams ran well to take 2nd place with Jake Sellwood 3rd, Stephen Blunt 5th and Darren Carr completing the team in 7th position to ensure bringing the team trophy home to England.

1st Team Trophy - Hampshire 17 points

2 nd	Chris Adams	12 min 35 sec
3 rd	Jake Sellwood	13 min 00 sec
5 th	Stephen Blunt	13 min 33 sec
7 th	Darren Carr	13 min 44 sec

Junior Women 1991/92

Jennifer McCachlan finished in her best position to date in Coutances to take 2nd place with birthday girl Hannah Vosser (18 on this trip) celebrating in style taking 4th place with Hollie Light 6th, Nicola Ferris 8th and Elise West (who won a bicycle in the numbers draw) finishing in 9th position.

1st Team Trophy - Hampshire 20 points

2 nd	Jennifer McCachlan	14 min 25 sec
4 th	Hannah Vosser	15 min 42 sec
6 th	Hollie Light	16 min 08 sec
8 th	Nicola Ferris	16 min 24 sec
9 th	Elise West	16 min 39 sec

Junior Men

Only one runner from Hampshire took part but what a performance from Chris Bernsten finishing in 2nd place closely behind one of Germany's class runners, Karl Dominik.

2 nd	Chris Bernsten	17 min 57 sec
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Report by Graeme Lowndes

Team Manager

24th November 2009