

# The Mayor of Winchester's Charities



## 9.7k Multi-Terrain Run, Walk & Children's Races

Sunday 29<sup>th</sup> April 2012

Under UK Athletic Rules      Licence: 2012-103643

Sponsored by:



The Mayor of Winchester, Cllr Barry Lipscomb and Winchester & District Athletic Club are pleased to announce the inaugural "Mayor of Winchester Charities 9.7k Multi-Terrain Run, Walk and Children's Races", as one of the final major fundraising events of the Mayoral year, which will offer something for all ages and abilities.

**The three charities are:**

- Hampshire & Isle of Wight Air Ambulance
- The Rifles Care for Casualties Appeal
- Winchester Cancer Research Trust.

(details at [www.mayorofwinchesterscharities.co.uk](http://www.mayorofwinchesterscharities.co.uk))

This scenic, moderately challenging and mainly off-road 9.7km (approx) multi-terrain run/walk will take the participants alongside the Itchen Navigation, around St Catherines Hill, across the M3 (by bridge!), following the marked trails to cross the Morestead Road and continue along the old Anglo Saxon route to Chilcomb before heading along the South Downs Way to Highcliffe and the welcoming sight of the finish line on the new Winchester Sports Stadium running track.

This is a wonderful opportunity to raise as much money as possible for these very worthwhile charities and, in this Olympic year, make the day a community and family based occasion

Race Headquarters: Winchester Sports Stadium, Bar End Road, Winchester, S023 0QA

9.7km Start: Garnier Road, a short walk from the Sports Stadium.

Time: Walkers 9:30am  
Runners 10:30am

Route Map: <http://www.gmap-pedometer.com/?r=5256394>

Drinks Station: At 5km

Parking: Ample free parking close to the start and a short walk from the Stadium at Barfield Road Car Park. Please note, there is no parking at the Sports Stadium.

Facilities: Hot food, bar, changing, toilets, showers, bouncy castle, children's Rides and the "Air Ambulance Helicopter Pod"

Prizes: Trophies for 1<sup>st</sup> three males, 1<sup>st</sup> three ladies  
Memento to all finishers.

Restrictions: Minimum age on race day is 16 is for the run. Unfortunately, the course is not suitable for wheelchairs or pushchairs. Dogs are allowed but must be kept on a lead at all times. For safety reasons, the use of MP3 players or equivalent is strictly prohibited.

Children's Races: Three age category children's races on the King George V Playing Fields:

9:35am 1 km for Year 3  
9:45am 2 km for Years 4-7  
10.00am 3 km for Years 8-11

Medals awarded to the category winners

On line entries only (from 1<sup>st</sup> February), at: [www.wadac.org.uk](http://www.wadac.org.uk)

9.7km Run entry fee: £10 affiliated and £12 unaffiliated. Entries accepted on the day + £2 extra

9.7km Walk entry fees: Adults £10 .....Children under 16, £5

£2 for the children's races

For further information please email the Race Co-ordinator:

[steve.goodwin@wadac.org.uk](mailto:steve.goodwin@wadac.org.uk)

# ENTRY FORM

## The Mayor of Winchester's Charities



### 9.7k Multi-Terrain Charity Run and Walk Sunday 29<sup>th</sup> April 2012

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Licence: 2012-103643

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**All proceeds to The Mayor of Winchester's Charities** (Enter on-line at [www.wadac.org.uk](http://www.wadac.org.uk))

### 9.7km Run & Walk

9.7km Run: <input type="checkbox"/> Yes	9.7km Walk: <input type="checkbox"/> Yes
First name:	Male / Female?
Surname:	Date of birth:
Address:	Age on race day (min. age 16 for run):
	Telephone number:
	Email:
Post code:	Member of UKA affiliated club: <input type="checkbox"/> Yes / <input type="checkbox"/> No
UKA number:	Name of club:

**Entry Fees** – please tick as appropriate

Affiliated runners:	£10	<input type="checkbox"/>	or £12 for entries on the day		Walkers: Adults	£10	<input type="checkbox"/>
Non-affiliated runners:	£12	<input type="checkbox"/>	or £14 for entries on the day		Children under 16	£5	<input type="checkbox"/>

**Declaration:** I agree to abide by the rules of UK Athletics. I understand that I enter this race at my own risk and that no person(s) will be held responsible for any accident, injury or loss to me prior to, during or after the event. I understand that the organisers reserve the right to alter arrangements/conditions should circumstances require. This information will be held in accordance with the Data Protection Act 1998 and will be used for the purposes of administration. No refunds or deferred entries will be allowed in the event of withdrawal or cancellation due to unforeseen circumstances and all monies after expenses will be donated to the Mayor of Winchester's Charities.

**Signature**.....

Please make cheques payable to **“Winchester & District A.C.”**  
Postal entries + SAE should be sent to: Race Co-ordinator, c/o 56 Goring Field, Teg Down,  
Winchester SO22 5NJ

