

WADAC CLUB TRACK RECORDS (MALE) - updated to 30/09/11. New records highlighted in green. UK top 20 in light red.

EVENT	AGE	TIME	ATHLETE	YEAR	LOCATION	EVENT	UK Ranking (extant yr)
100m	Under 13	12.40	Jason Digby	1999			
	Under 15	11.35	Kieran Showler-Davis	13-Sep-06	Woking	Open Meeting	13
	Under 17	10.60	Kieran Showler-Davis	7-Sep-08	Woking	Open Meeting	2
	Under 20	10.80	Ben Ellis	2000			
	Senior	10.59	Ben Ellis	18-Jun-05	Ashford	S of E Champ's	3
200m	Under 13	26.33	Kieran Showler-Davis	15-May-04	Portsmouth	Hampshire Champ's	
	Under 15	22.85	Kieran Showler-Davis	7-May-06	Tidworth	Inter-Club Cup	6
	Under 17	21.14	Kieran Showler-Davis	10-May-08	Portsmouth	Hampshire Champ's	1
	Under 20	21.44	Marimba Odundo Mendez	26-Jun-04	Bedford	AAA's Junior Champs	
	Senior	21.19	Ben Ellis	10-Jun-08	Crystal Palace	S of England Champ's	19
400m	Under 13	62.50	Calum Upton	15-Jul-09	Southampton	Team Southampton Open	7
	Under 15	51.15	Scott Barker	21-Aug-11	Bedford	English u/15 Champs.	4
	Under 17	48.58	Louis Sellers	16-May-04	Portsmouth	Hampshire Champ's	
	Under 20	47.43	Louis Sellers	8-Jul-06	Gateshead	ESAA Champ's	4
	Senior	47.39	Louis Sellers	11-May-08	Portsmouth	Hampshire Champ's	10
600m	Under 13	1:52.20	Hary Tosen	15-Jul-09	Southampton	Southampton AC Open	-
800m	Under 13	2:18.90	Calum Upton	25-May-09	Andover	Open Meeting	12
	Under 15	2:05.20	Scott Barker	14-Sep-11	Portsmouth	Havant Floodlit Open	43
	Under 17	1:57.70	Tim Elton	1982			
	Under 20	1:53.70	Alex Pritchard	24-Aug-05	Watford	BMC Gold Standard	32
	Senior	1:55.20	Tim Elton	1985			
1500m	Under 13	4:42.95	Calum Upton	26-Jul-09	Kingston	SE Inter-County Match	8
	Under 15	4:11.90	Nick Anderson	1985			
	Under 17	3:57.60	Tim Elton	1982			
	Under 20	3:57.60	Tim Elton	1983			
	Senior	3:48.80	Tim Elton	1985			
1 Mile	Under 15	4:55.60	Calum Upton	16-Apr-11	Portsmouth	Havant Open	3
3000m	Under 13	10:16.70	Calum Upton	16-Sep-09	Portsmouth	Havant Open	2
	Under 15	9:09.80	Nick Anderson	1985			
	Under 17	8:42.90	Malcolm Cambell	1986			
	Under 20	8:30.03	Phillip Bernsten	17-Jun-09	Watford	Open Meeting	8
	Senior	8:22.38	John Beattie	7-May-07	Street	BMC Millfield PB Classic	55
5000m	Under 20	15:24.00	Tom Anderson	2-May-09	Colchester	Southern League Div 2	40
	Senior	14:13.23	Chris Powner	12-Jul-08	Birmingham	Aviva National Champ's	32
80mh	Under 13	13.60	Kieran Showler-Davis	2003			
	Under 15	11.93	Jonah Dykes	9-Jul-10	Birmingham	English Schools' Chanps.	40
100mh	Under 17	13.40	Osegai Omenai	1996			
110mh	Under 20	16.70	Jack Bolton	2-Jun-07	Walton	Southern League Div 2	140
	Senior	14.98	Dean Showler-Davis	1-Jun-08	Birmingham	England C E Champ's	51
400mh	Under 17	1:00.00	Clive Radford	2001			
	Under 20	56.00	Tom Archdeacon	2000			
	Senior	55.82	Dean Showler-Davis	6-Sep-08	Bedford	10 in 100 Cup Plate Men	78
1500m S/C	Under 17	4:51.70	Stuart McCallum	5-Jun-11	Bournemouth	Southern Yg Ath League	49
3000m S/C	Under 20	10:10.0	Michael Noyce	1995		Indicates new	Indicates UK top
	Senior	9:22.0	Michael Noyce	8-Sep-01	Watford		

PREVIOUS RECORDS

Time	Athlete	Date	Time	Athlete	Date
11.80	Matthew Pattience	1996			
11.30	Chris Hall	2000			
24.70	Leo Emmans	1991			
22.80	Chris Hall	2000			
21.22	Ben Ellis	2005			
52.60	Scott Barker	11-Jun-11	54.90	Leo Emmans	1991
50.30	Charles Mcaw	2000			
2:28.00	Charles Pittam	1989			
2:07.29	Calum Upton	25-May-11	2:08.70	Calum Upton	12-Jun-10
1:54.86	Alex Pritchard	2005			
4:55.40	Wayne Bevan	1989			
10:43.20	Gavin Smith	1996			
8:41.93	Philip Bernsten	2008			
8:28.90	Nick Anderson	2000			
15:25.32	Philip Bernsten	2008			
15:51.60	Nick Anderson	14-May-00			
12.25	Kieran Showler-Davis	26-Aug-06	13.10	Daniel McFarlane	1993
18.40	Robin Schmidt	1995			
15.50	Dean Davis	2005			
56.00	Tom Archdeacon	2000			

WADAC CLUB TRACK RECORDS (FEMALE) - updated to 30/09/11. New records highlighted in green. UK top 20 in light red.

EVENT	AGE	TIME	ATHLETE	YEAR	LOCATION	EVENT	UK Ranking (extant yr)
75m	Under 13	10.80	Francesca Thornton	5-Jun-11	Bournemouth	Wessex Young Ath.	137
100m	Under 13	13.50	Abbie Tarrant	12-Jun-05	Bournemouth	Wessex Young Ath.	34
	Under 15	12.94	Eva Napier	24-Jul-11	Horspath	Wessex Young Ath.	101
	Under 17	12.30	Holly Croxford	8-Apr-06	Basingstoke	Open Meeting	18
	Under 20	11.94	Holly Croxford	10-May-08	Portsmouth	Hampshire Champs.	11
	Senior	13.15	Viv Bonner	31-Jul-99	Gateshead	World Masters' Chanps	
150m	Under 13	21.30	Abby Matthews	22-May-11	Bedford	Young Ath. League	105
200m	Under 13	28.10	Abbie Tarrant	18-Sep-05	Bournemouth	Wessex Finals	32
	Under 15	25.70	Abbie Tarrant	7-Apr-07	Basingstoke	Open Meeting	18
	Under 17	24.60	Holly Croxford	29-May-06	Andover	Young Ath. Mtg.	7
	Under 20	24.04	Holly Croxford	1-Jun-08	Bedford	BIG 2008	5
	Senior	26.52	Viv Bonner	3-Aug-99	Gateshead	World Masters' Chanps	
300m	Under 15	44.40	Georgia Howard	3-Jul-11	Winchester	Wessex Young Ath.	
	Under 17	38.68	Holly Croxford	27-May-06	Chelmsford	SE Champs.	2
	Under 20	42.10	Dawn Gandy	1982			
400m	Under 17	56.20	Simone Gandy	1981			
	Under 20	54.28	Holly Croxford	17-Jun-07	Crystal Palace	SE Champs.	2
	Senior	62.50	India Lee	26-Apr-08	Bournemouth	Southern League	na
800m	Under 13	2:25.10	Catriona Witcombe	8-Jul-01	Poole	SE Wessex YA League	
	Under 15	2:18.60	Georgia Morris	4-Sep-10	Bournemouth	Southern League	28
	Under 17	2:15.50	Georgia Morris	11-Jun-11	Aldershot	Hants Schools Champs	29
	Under 20	2:10.61	Sarah Burgin	19-Aug-09	Eltham	BMC Regional Races	20
	Senior	2:16.57	India Lee	4-Jun-08	Watford	W Open Graded	272
1200m	Under 13	3:51.50	Hannah Knapton	18-Jul-10	Winchester	Young Ath. League	7
	Under 13	5:00.10	Rebecca Knapton	22-Jul-07	Andover	Young Ath. Meeting	5
1500m	Under 15	4:41.20	Rebecca Knapton	20-Jun-09	Southampton	SE Schools Inter-Co.	10
	Under 17	4:39.16	Nicole Roberts	11-Jun-08	Loughborough	L'boro/E Mid's/Achilles	31
	Under 20	4:40.77	Sarah Burgin	12-Aug-09	Watford	Watford Open Graded	56
	Senior	4:29.59	Rachel Townend	25-Jun-05	Birmingham	UKWL D1	69
	1 Mile	Under 20	5:29.60	Jade Bowling	16-Apr-11	Portsmouth	Havant Open
	Senior	5:39.20	Sue True	17-Apr-11	Portsmouth	Havant Open	
	indoor	Senior	India Lee	26-Feb-11	Lincoln NE, USA	Big 12 Indoor Champs	9
3000m	Under 13	11:07.20	Hannah Knapton	15-Sep-10	Portsmouth	Havant Open	1
	Under 15	10:23.55	Rebecca Knapton	12-Aug-09	Watford	Watford Open Graded	7
	Under 17	10:08.39	Nicole Roberts	16-Jul-08	Watford	Watford Open Graded	20
	Under 20	10:04.90	Rachel Townend	1998			
	Senior	9:40.24	Louisa Damen	7-May-07	Street	Millfield PB Classic	54
5000m	Under 17	20:02.80	Helen Carter	1997			
	Under 20	17:54.60	Rachel Townend	11-Jul-98	Southampton	BMC Regional Races	
	Senior	16:28.23	Louisa Damen	9-Jun-07	Sportcity	BMC Nike Grand Prix	22
70mh	Under 13	11.70	Emma Buckett	2005	Portsmouth	Southern 2	
75mh	Under 13	14.00	Catriona Witcombe	2001			
	Under 15	11.60	Sarah Dean	1978			
80mh	Under 15	14.90	Hanah Wharf	1995			
	Under 17	11.20	Sarah Dean	1980			
100mh	Under 17	13.80	Sarah Dean	1979			
	Under 20	14.40	Sarah Dean	1981			
	Senior	14.28	Sarah Dean	1985			
300mh	Under 17	42.89	Anna Newton	9-Jul-05	Birmingham	ESAA Championships	3
400mh	Under 17	1:01.70	Simone Gandy	1981			
	Under 20	59.72	Simone Gandy	1982		Indicates new Club Record	Indicates UK top 20 for year
	Senior	57.45	Jackie Parker	1988			

PREVIOUS RECORDS

Time	Athlete	Date	Time	Athlete	Date
10.90	Imogen Cooper	19-Jul-09			
13.00	Esther Wharf	1997			
21.50	Georgia Howard	20-Jun-10			
63.60	Natalie Coveney	1998			
2:18.80	Catriona Witcombe	14-Jun-03			
2:17.31	Nicole Roberts	28-Jun-08	2:20.80	Simone Gandy	1981
2:14.30	India Lee	2006			
2:19.84	Rachel Townend	23-Jul-03			
3:53.00	Rebecca Knapton	22-Jul-07			
4:52.00	Kate Wallace	1992			
4:59.50	Helen Carter	1997			
0:42.15	India Lee	2007			
11:44.20	Catriona Witcombe	2001			
11:34.20	Lotte Simmons	2000			
10:50.60	Helen Varter	19-Jun-05			
9:45.67	India Lee	26-Feb-11	9:46.90	Rachel Townend	27-Jul-05
16:56.73	Rachel Townend	29-May-05			

